

BACKSTAGE DANCE CENTER (Fall) 2014-2015 Studio -A

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|--|--|---|--|---|
| Open -PlayTime All ages 10:30-12:00 | Spanish Music Class Birth-4yrs 10:30-11:15 (mini classes) | Backstage Ballerinas Age: 3-5 10:30-11:15 | Sounds of Music Birth-4 yrs. 10:30-11:15 (mini classes) | Craft & Groove Age: 3-5 10:30-11:15 (mini classes) | Tot's in Tutu's 18 mo-2yrs 9:30 | ZUMBA DANCE FITNESS 10:00 Adult / Teen |
| | | | | | Backstage Ballerinas Age: 3-4 10:00-10:45 | |
| | | | | | Song & Dance Ballet/Tap Age: 4-5 11:00 | |
| Cardio Lunch Crunch 1:00 TBA | Cardio Lunch Crunch 1:00 TBA | Cardio Lunch Crunch 1:00 TBA | Cardio Lunch Crunch 1:00 TBA | Cardio Lunch Crunch 1:00 TBA | Ballet/Tap/Jazz Age: 5-7 12:00 | |
| Kinderdance 4:00 Bal-Tap-Jazz | Company Prep Ballet/Jazz 4-5:30 (Placement) | Kinderdance 4:00 Bal-Tap-Jazz | Acro Dance 4:00 Gr: 4-7 | Drama Club 4:30 Gr: 4-7 | Choreography Class 1:00 (placement) | |
| Bal-Tap-Hip Hop Gr: 1-2 5:00 | Junior Company Ballet 5:30 (Placement) | Bebop Hip Hop/ Tap 5:00 Gr: 1-2 | Acro Dance 5:00 Gr: 1-3 | Ashland Children's Theater Productions TBA | | |
| Ballet int/adv (Placement) 6:00 | Modern Dance int/adv 6:30 (Placement) | Hip Hop 6:00 Gr: 3-5 | Hip Hop 6:00 Gr: 4-6 | YOGALATES TBA | | |
| Ballet beg/int (Placement) 7:00 | Lyrical Dance Gr: 9-up 7:30 | BARRE WORKOUT TBA 7:00 | Hip Hop 7:00 Gr: 7- up | | | |
| | | | Hip Hop 8:00 (Placement) | | | |

COMING SOON: Voice, Guitar, Piano and Drum Lessons! (Studio B otherside)

Studio - B (Fall)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|--|--------------------------------------|--|
| | | ZUMBA TONING Workout 10:30 w/childcare | | | ZUMBA DANCE FITNESS 10:00 | |
| | | | | | | |
| Song & Dance (ballet/tap) Age: 4-5 1:00-2:00 | Tumble Dance (coed) 3-5 1:00-1:45 | | Backstage Ballerinas Age:3-4 1:00-1:45 | Sounds of Music Birth-4 yrs 1:00-1:4 (mini classes) | | |
| Backstage Ballerinas Age: 3-4 4:15-5:00 | Showbiz Kids I Gr: 1-3 (M.T.) 4:15-5:15 | Song & Dance Ballet/Tap Age:4-5 4:00-5:00 | Ballet I Gr:3-6 4:15-5:15 | Voice Lessons Days-TBA | | <i>Birthday Parties Available</i> |
| Modern Dance I Gr: 4-6 5:15-6:15 | Showbiz Kids II Gr: 4-6 (M.T.) 5:15-6:15 | Jazz/Tap Gr: 3-5 5:00-6:00 | Ballet-Pre Pointe 5:15-6:15 (placement) | Piano Lessons Days-TBA | PERSONAL TRAINING TBA | <i>Private Lessons Available</i> |
| Modern Dance II 6:15-7:15 (placement) | Perpetual Motion 6:15-7:00 (special needs) | Hip Hop Gr: 6-8 6:00-7:00 | Lyrical Dance Gr: 6-8 6:15-7:15 | Guitar & Drum Lessons Days-TBA | BARRE WORKOUT TBA | <i>Studio Rental Space Available</i> |
| Modern Dance III 7:15-8:15 (placement) | ZUMBA DANCE FITNESS 7:15 (Sept) | Hip Hop Gr: 9-up 7:00-8:00 | ZUMBA DANCE FITNESS 7:15 (Sept) | 20-20-20 WORKOUT 6:30-7:30 (Sept) | YOGALATES TBA | |

Please Note: It is highly advised for students age 8 and up, to study at least one technique class per week (ballet, modern, jazz, lyrical). This class may be taken alone or in addition to another class. As a dance educator I cannot stress enough the importance of technique (which provides STRENGTH, BALANCE AND POISE).

Low Enrollment: Classes with low enrollment may be merged with another class (at any time) or cancelled.

